

the friendship list challenge

The Friendship List is a celebration of friendship, so Susan Mallery wants to help you and your best friends find creative and fun ways to connect with each other and make lasting memories. Complete two or more challenges to get on **The Friendship List Challenge Wall of Fame**. Submit a story and a picture for a chance to be featured on Susan's social media. If Susan features you, she'll send you some fun swag!



Write an old-fashioned letter to your friend about a specific shared memory that makes you smile.

Facetime each other while trying a new recipe together from your own homes.

Binge-watch a favorite show together/apart.

Try a new Snapchat filter every day for a week and send your bestie a funny pic.

Find a quotation online that reminds you of her, then send it to her.

Have a Zoom dance party together.

Play Bingo with a group of friends via Skype.

Reminisce with each other about the first memory you have of one another.

Tell each other a story from your past that you've never shared before. Dig deep to think of something sad or shocking or silly.

Send your friend a roll of toilet paper.

Invent a cocktail that represents your friendship.

Invent a dessert that represents your friendship.

Share with one another an unusual lesson you learned from your mother or father.

Plan a dream vacation together, even if you don't think you'll ever be able to go.

Set a goal for one thing you want to accomplish this week, then hold each other accountable.

Dare each other to do something that's emotionally a little intimidating, then share the results with each other. For example, in *The Friendship List*, Unity challenges Ellen to learn how to do a smoky eye look with makeup.

Frame a printed photo of you and your friend and put it somewhere you'll see it often.

Have a book discussion about *The Friendship List*, using the questions included in the book as a guide.

Using only objects found around the house, make a little doll of each other, then send each other pictures.

Make matching friendship bracelets.

Fill in your own challenge: _____

